



## Hike No.25

**From Koukounaries via the upper path to West coast and back again**

Medium to difficult hike  
Distance: 6.8 miles  
Walking time 3.5 hours  
Start of hike at 3.8 feet -  
highest point at 423 feet

This hike starts in Koukounaries at bus stop No. 23 (P1). From here you walk along the paved road for about 218 yards in the direction of Skiathos and turn left at a sign for a camping place.

Follow this street for about 548 yards by going straight (not left to the camping place), till a small path to the right takes you uphill (P2). After about 109 yards you will reach a dirt road. Follow this road by going to the left. After walking for about 20 minutes, you reach the upper path of Koukounaries (P3). Here you go to the left along the dirt road, without turning off anywhere, always following the sign to Agistros beach; after walking for about 30 minutes, you will come to a T-intersection (P4). Here you walk straight on, by taking the path down through the forest to the sea. You have arrived at Agistros beach, where you will find an inviting tavern. It is open from the middle of May until the end of September (P5). Then walk along the beach to the end, where you take the zigzag path uphill. Once at the top, walk immediately down the other side to the next beach, Elias beach. Here too you will find a tavern, good for making a stop. Once at the end of this beach (P6), you walk up a path to the left for about 548 yards to where the Pine forest starts. Here you take the path going to the right into the forest (P7). Walk along this wonderful old forest path for about one hour, always following the yellow signs, until you are back at your departure point. Note: once on the upper path the hiker has an incredible panoramic view.



*Pine forest Koukounaries*



*Beach Agistros*